

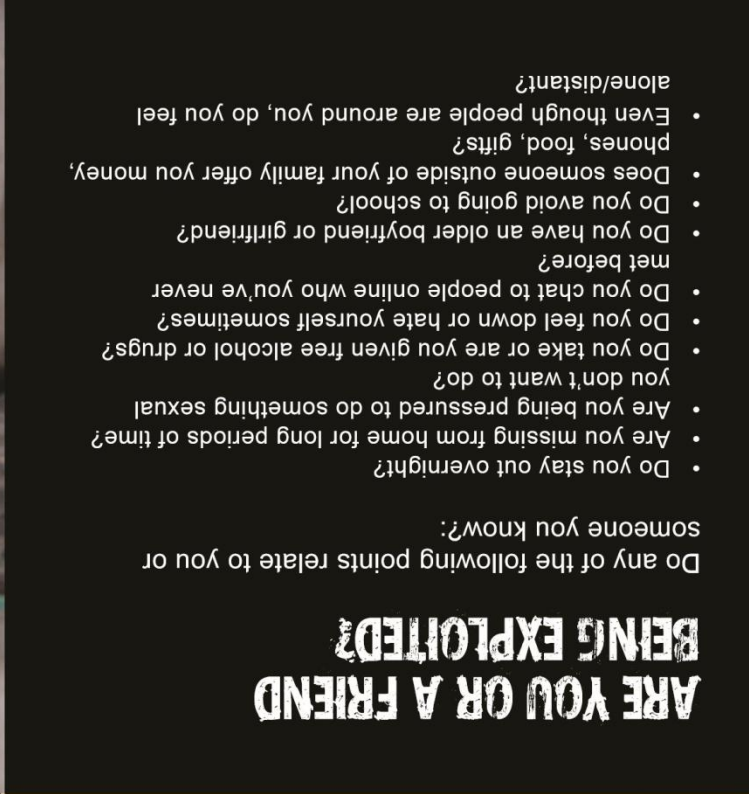
- It can be hard to talk out
- You might feel ashamed or guilty
- You don't know how to stop it
- You might think it's your fault

**DON'T WORRY
BECAUSE A
HELPING HAND
IS AVAILABLE
AND WE UNDERSTAND...**

CHILD SEXUAL EXPLOITATION WHAT ARE THE SIGNS?

Victims of sexual exploitation are often unaware that they are being exploited. This type of abuse could happen to any child or young person up to the age of 18 from ANY background. Signs of sexual exploitation can range significantly but there are a number of tell tale signs you should look out for in a child or young person:

- Changes in eating patterns
- Chatting online to strangers
- Misusing alcohol or drugs
- Appearing to have new unexplained gifts
- Secretive mobile phone or computer use – sometimes at unsociable hours
- Mood swings or emotionally upset
- Spending a lot of time and associating with an older person away from home
- Showing inappropriate sexual behaviour
- Suffering from sexually transmitted infections
- Regularly missing school or not taking part in education
- Missing for long periods of time or coming home late



ARE YOU OR A FRIEND BEING EXPLOITED?

Do any of the following points relate to you or someone you know?:

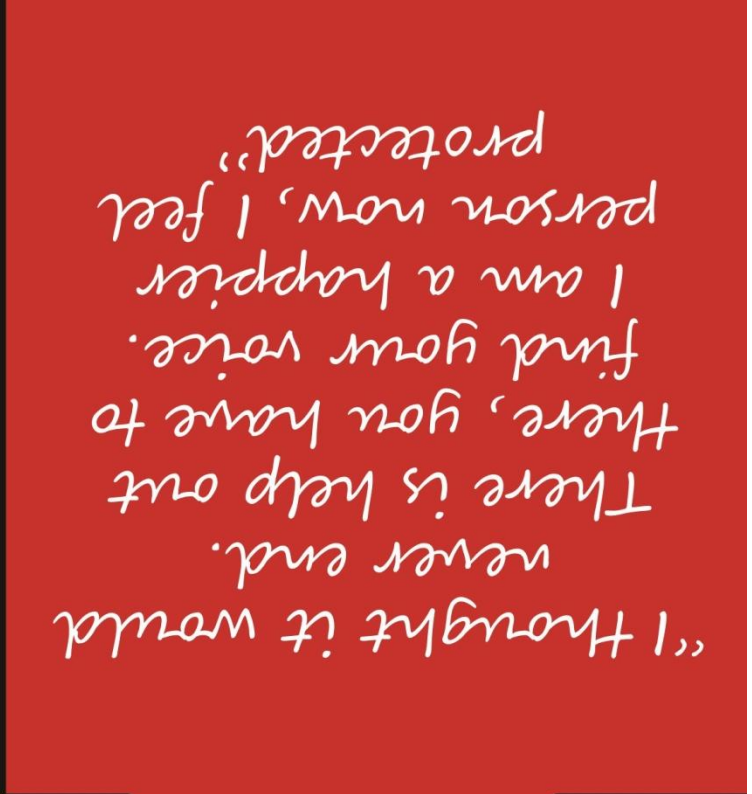
- Do you stay out overnight?
- Are you missing from home for long periods of time?
- Are you being pressured to do something sexual you don't want to do?
- Do you take or are you given free alcohol or drugs?
- Do you feel down or hate yourself sometimes?
- Do you chat to people online who you've never met before?
- Do you have an older boyfriend or girlfriend?
- Do you avoid going to school?
- Does someone outside of your family offer you money, phones, food, gifts?
- Even though people are around you, do you feel alone/distant?

You're in safe hands!

Whether YOU are a victim or you know of someone who might be a victim, there is support out there so please say something because CHILD SEXUAL EXPLOITATION IS A SERIOUS CRIME.

For confidential support and advice please contact

Childline: 0800 11 11
Barnardo's: 01642 300774
Stop it now: 0808 100 900
Police: 101



"I thought it would never end. There is help out there, you have to find your voice. I am a happier person now, I feel protected"



IN THE WRONG HANDS?

DO YOU KNOW A VULNERABLE YOUNG PERSON WHO NEEDS A HELPING HAND?

CHILD SEXUAL EXPLOITATION IS A SERIOUS CRIME.



**LET'S DO OUR
PART.
REACH OUT
YOUR HAND TO
HELP VICTIMS**

CHILDLINE: 0800 11 11 / POLICE: 101

